

SO MANY WAYS TO HELP MANAGE YOUR HEALTH

Get to know the full value of myCigna.

Now it's easier than ever to manage your health and make the most of your health plan on the myCigna® website and app.* From programs that help improve your health to tools that help manage your health spending, there's so much you can do.



View, print and send
ID cards



Find in-network doctors,
hospitals and medical services



Compare quality of care
information, including patient
reviews from Cigna customers



Manage and track
claims



See cost estimates for medical
procedures



Use the click-to-chat feature to
connect with a live Cigna rep



Feel better protected Cigna is as committed to helping protect your health information as we are to protecting your health and well-being. That's why we take certain steps to enhance the security of your personal health information on myCigna.



Visit [myCigna](#) today. Not registered yet? [Start here.](#)**



Download the myCigna App for your mobile device.
Disponibile en Español.

Scan the QR code with your phone, and make sure to have your ID card handy; you'll need it to register.**

Together, all the way.®



Offered by Cigna Health and Life Insurance Company or its affiliates.

* Actual myCigna features may vary depending on your plan and customer profile.
** Customers under age 13 (and/or their parent/guardian) will not be able to register at myCigna.com.

The Apple logo is a trademark of Apple Inc., registered in the U.S. and other countries. App Store is a registered service mark of Apple Inc. Android and Google Play are trademarks of Google LLC. Amazon, Kindle, Fire and all related logos are trademarks of Amazon.com, Inc., or its affiliates.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Cigna Behavioral Health, Inc., and HMO or service company subsidiaries of Cigna Health Corporation. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc.

956262 a 07/22 © 2022 Cigna. Some content provided under license.